

HELP OUT

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Riders wanted

Officials for the West Virginia Division of the Multiple Sclerosis Society are looking for cyclists who want to take part in the Country Roads MS 150 Bike Tour Saturday and Sept. 8 in Lewisburg. The fund-raiser lets road and trail riders help raise money for MS research. Call (800) FIGHT MS or visit www.nationalmssociety.org.

In the can

AARP West Virginia is collecting nonperishable food items to stock "Blizzard Boxes" to provide emergency meals for homebound seniors. To donate, call Gaylene Miller at 340-4602 or e-mail gmliller@aarp.org.

Recirculating cars

Charleston Newspapers recently gave three 1999 Chevrolet Cavaliers used by its circulation department to the Good News Mountaineer Garage, the first of several cars to be donated each year. The garage provides donated automobiles to people who need transportation to school or jobs. To find out more, call toll-free (866) GIVE CAR or visit www.goodnews.mountaineergarage.com.

Out of the closet

The annual Lil' Lambs Closet Toy Sale is scheduled for Oct. 4 and 5 at Forrest Burdette Memorial United Methodist Church in Hurricane. Thirty percent of proceeds will go to buy Christmas presents for needy children in the Hurricane area. Call 562-7694 or visit www.fb-lil-lambs.com.

Volunteer honored

Retired Charleston physician Dr. James Lane was honored at the annual West Virginia Health Right dinner Aug. 24. Lane volunteers at the Charleston clinic, which helped more than 16,000 people last year.